

What's the First Thing You Plan to Do After Quarantine?

Have you started to envision your life without restrictions? What are you yearning to do? Who are you most looking forward to seeing in person?



By Nicole Daniels -- May 7, 2020

- When you picture the moment when you are free from social distancing practices and quarantine restrictions, what do you want to do immediately? Do you want to visit a familiar place? Is there a food you want to eat or a smell in nature that you have missed? Are you eager to see friends face-to-face or to hug a family member? Or do you just want the freedom to wander around outside carefree?
- What have you longed for the most while in quarantine? Is it easy for you to think about life after the lockdown, or does that feel difficult or painful?
- Do you think you have grown or matured through experiencing the pandemic? When you are able to be back in the world freely, do you think you will view things differently?